

## Daily Prayers

### Prayer for the Canonization of Father Michael J. McGivney

God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Father Michael J. McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church.

Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify your venerable servant Father Michael J. McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (here make your request). Through Christ our Lord. Amen. (Our Father, Hail Mary, Glory be.)

### Prayer to Obtain a Favor Through the Intercession of Archbishop Sheen

Eternal Father, You alone grant us every blessing in Heaven and on earth, through the redemptive mission of Your Divine Son, Jesus Christ, by the working of the Holy Spirit. In every age, You raise up men and women outstanding in holiness, whose faithful service has contributed significantly to the mission of the Church. In this very way, You used the life and work of Your servant, Archbishop Fulton John Sheen. He inspired great numbers of Catholics and other people of good will to grow in virtue and lead lives pleasing to You and of service to their brothers and sisters in need. He encouraged them to embrace the 'Gospel of Life' by recognizing that in all its circumstances, 'Life is worth living.'

If it be according to Your Will, Eternal Father, glorify Your servant, Archbishop Fulton John Sheen, by granting the favor I now request through his prayerful intercession (*mention your request here*). I make this prayer confidently in Jesus' Name, through the merits of His Passion, Death and Resurrection.

Amen.

### **Prayer to Move the Church to Proclaim Archbishop Sheen a Saint**

Heavenly Father, source of all good and all holiness, You reward those who love and serve You faithfully as Your sons and daughters. If it pleases You, I ask You to glorify Your servant, Archbishop Fulton John Sheen. He touched countless lives by his ministry of evangelization, especially through the media. His clear and courageous teachings about Jesus and the truths of the Catholic Church seemed to possess a special power of the Holy Spirit that strengthened the faithful and inspired many converts to embrace the Faith. He supported the needs of missionaries all over the world through his work in the National Office for the Propagation of the Faith. He also labored zealously for the renewal of the Priesthood by preaching retreats to his brother priests and by encouraging them with the good example of his daily Eucharistic Holy Hour. His deep personal love of Our Lady moved many others to go to Jesus through His Mother.

Heavenly Father, if it be according to Your Divine Will, I ask You to move Your Church to glorify Your faithful servant, Archbishop Fulton John Sheen. I ask this prayer confidently in Jesus' Name. Amen.

### **Prayer to Saint Josemaría Escrivá**

O God, through the mediation of Mary our Mother, you granted your priest St. Josemaría countless graces, choosing him as a most faithful instrument to found Opus Dei, a way of sanctification in daily work and in the fulfillment of the Christian's ordinary duties. Grant that I too may learn to turn all the circumstances and events of my life into occasions of loving You and serving the Church, the Pope and all souls with joy and simplicity, lighting up the pathways of this earth with faith and love. Deign to grant me, through the intercession of St. Josemaría, the favor of ... (make your request). Amen.

Our Father. Hail Mary. Glory be to the Father.

### **Prayer for Bishop Alvaro del Portillo's intercession**

O God, most merciful Father, you granted your servant Álvaro, Bishop, the grace of being an exemplary pastor in the service of the Church, and a most faithful son and successor to Saint Josemaría, the founder of Opus Dei. Grant that I too may respond faithfully to the demands of the Christian vocation, turning all the circumstances and events of my life into opportunities to love you and serve the kingdom of Jesus Christ. Deign to glorify your servant Álvaro, and through his intercession grant me the favor I request ... (here make your petition). Amen.

Our Father. Hail Mary. Glory be to the Father.

## **Legion of Mary Tessera**

### OPENING PRAYERS

(Make the Sign of the Cross) In the name of the Father, etc.

Come, O Holy Spirit, fill the hearts of Your faithful, and enkindle in them the fire of Your love.

v. Send forth Your Spirit, O Lord, and they shall be created.

R. And You shall renew the face of the earth.

Let us pray.

God our Father, pour out the gifts of Your Holy Spirit on the world. You sent the Spirit on Your Church to begin the teaching of the gospel: now let the Spirit continue to work in the world through the hearts of all who believe. Through Christ our Lord. Amen.

v. You, O Lord, will open my lips.

R. And my tongue shall announce Your praise.

v. Incline unto my aid, O God.

R. O Lord, make haste to help me.

v. Glory be to the Father, etc.

R. As it was in the beginning, etc.

Then follow five decades of the Rosary with the Hail, Holy Queen.

Hail, Holy Queen, Mother of Mercy; hail, our life, our sweetness and our hope. To you we cry, poor banished children of Eve, to you we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, your eyes of mercy towards us, and after this our exile, show us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

v. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, Whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal salvation; grant, we beseech You, that meditating upon these mysteries in the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise. Through the same Christ our Lord. Amen.

v. Most Sacred Heart of Jesus R. Have mercy on us.

v. Immaculate Heart of Mary R. Pray for us.

v. St. Joseph R. Pray for us.

v. St John the Evangelist R. Pray for us.

v. St. Louis-Marie de Montfort R. Pray for us.

Make the Sign of the Cross) In the name of the Father, etc.

### THE CATENA LEGIONIS

Antiphon. Who is she that comes forth as the morning rising, fair as the moon, bright as the sun, terrible as an army set in battle array?  
(Make the Sign of the Cross)

v. My soul glorifies the Lord.\*

R. My spirit rejoices in God, my Saviour.

v. He looks on His servant in her lowliness;\* henceforth all ages will call me blessed.

R. The Almighty works marvels for me.\* Holy His name!

v. His mercy is from age to age,\* on those who fear Him.

R. He puts forth His arm in strength\* and scatters the proud-hearted.

v. He casts the mighty from their thrones\*and raises the lowly.  
R. He fills the starving with good things,\*sends the rich away empty.

v. He protects Israel His servant,\*remembering His mercy,  
R. The mercy promised to our fathers,\*to Abraham and his sons for ever.

v. Glory be to the Father, and to the Son and to the Holy Spirit..  
R. As it was in the beginning is now, and ever shall be, world without end.  
Amen.

Antiphon. Who is she that comes forth as the morning rising, fair as the moon, bright as the sun, terrible as an army set in battle array?

v. O Mary, conceived without sin.R. Pray for us who have recourse to you.

Let us pray.

O Lord Jesus Christ, our mediator with the Father, Who has been Pleased to appoint the Most Blessed Virgin, Your mother, to be our mother also, and our mediatrix with You, mercifully grant that whoever comes to You seeking Your favours may rejoice to receive all of them through her. Amen.

### CONCLUDING PRAYERS

Make the Sign of the Cross)In the name of the Father, etc.

We fly to your patronage, O holy Mother of God; despise not our prayers in our necessities, but ever deliver us from all dangers, O glorious and blessed Virgin.

v. Mary Immaculate, Mediatrix of all Graces(Or Invocation appropriate to Praesidium)

R. Pray for us.

v. St. Michael and St. Gabriel

R. Pray for us.

v. All you heavenly Powers, Mary's Legion of Angels

R. Pray for us.

v. St. John the Baptist

R. Pray for us.

v. Saints Peter and Paul Pray for us.

Confer, O Lord, on us, who serve beneath the standard of Mary, that fullness of faith in You and trust in her, to which it is given to conquer the world. Grant us a lively faith, animated by charity, which will enable us to perform all our actions from the motive of pure love of You, and ever to see You and serve You in our neighbor; a faith, firm and immovable as a rock, through which we shall rest tranquil and steadfast amid the crosses, toils and disappointments of life; a courageous faith which will inspire us to undertake and carry out without hesitation great things for your glory and for the salvation of souls; a faith which will be our Legion's Pillar of Fire - to lead us forth united - to kindle everywhere the fires of divine love - to enlighten those who are in darkness and in the shadow of death - to inflame those who are lukewarm - to bring back life to those who are dead in sin; and which will guide our own feet in the way of peace; so that - the battle of life over - our Legion may reassemble, without the loss of any one, in the kingdom of Your love and glory. Amen.

May the souls of our departed legionaries and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

Make the Sign of the Cross)In the name of the Father, etc.

### **Lovely Lady Dressed in Blue**

Lovely Lady dressed in blue -----  
Teach me how to pray!  
God was just your little boy,  
Tell me what to say!

Did you lift Him up, sometimes,  
Gently on your knee?  
Did you sing to Him the way  
Mother does to me?

Did you hold His hand at night?  
Did you ever try  
Telling stories of the world?  
O! And did He cry?

Do you really think He cares  
If I tell Him things -----  
Little things that happen? And  
Do the Angels' wings

Make a noise? And can He hear  
Me if I speak low?  
Does He understand me now?  
Tell me -----for you know.

Lovely Lady dressed in blue -----  
Teach me how to pray!  
God was just your little boy,  
And you know the way.

### **Prayer to the Holy Spirit**

Come, O Holy Spirit!  
Enlighten my mind to know your commands;  
strengthen my heart against the snares of the enemy;  
in flame my will...  
I have heard your voice, and I don't want to harden myself and resist,  
saying "Later..., tomorrow."  
Nunc coepi! Now I begin! In case there is no tomorrow for me.

O Spirit of truth and wisdom, Spirit of understanding and counsel, Spirit of  
joy and peace! I want whatever you want. I want because you want, I want  
however you want, I want whenever you want.

### **Novena to Saint Joseph**

Glorious St. Joseph, foster-father and protector of Jesus Christ! To you I  
raise my heart and my hands to implore your powerful intercession. Please  
obtain for me from the kind Heart of Jesus the help and the graces

necessary for my spiritual and temporal welfare. I ask particularly for the grace of a happy death and the special favor I now implore.

[Mention your request here.]

Guardian of the Word Incarnate, I feel animated with confidence that your prayers in my behalf will be graciously heard before the throne of God.

V. O glorious St. Joseph, through the love you bear to Jesus Christ, and for the glory of His Name.

R. Hear my prayers and obtain my petitions. Amen.

### **Our Lady of Perpetual Help**

O Mother of Perpetual Help, grant that I may ever invoke thy most powerful name, which is the safeguard of the living and the salvation of the dying. O Purest Mary, O Sweetest Mary, let thy name henceforth be ever on my lips. Delay not, O Blessed Lady, to help me whenever I call on thee, for, in all my needs, in all my temptations I shall never cease to call on thee, ever repeating thy sacred name, Mary, Mary.

O what consolation, what sweetness, what confidence, what emotion fill my soul when I pronounce thy sacred name, or even only think of thee. I thank God for having given thee, for my good, so sweet, so powerful, so lovely a name. But I will not be content with merely pronouncing thy name: let my love for thee prompt me ever to hail thee, Mother of Perpetual Help.